
TAKING A WALK WITH JESUS

Word

Scripture Reference

Luke 24:13-35

Discussion Questions

1. What form of exercise do you think is beneficial to you?
2. Researchers found that people who regularly walk have healthier eyeballs, better bone density of the hip bone, diminished chronic lower back pain, increase blood flow to the brain and better quality sleep. All that for just taking a walk! Now imagine if you are walking with Jesus. Read Luke 24:13-35. This passage is about the two disciples who took a walk with Jesus and how it totally changed their lives. What were the two men who were going to Emmaus by foot discussing along the way (v. 13-17)? Who joined them in their walk? Did they recognize Him? What emotions did the two men exhibit (v.17)?
3. Imagine the confusion of the disciples as they considered the events of the past week. Jesus their Master's triumphant entry into Jerusalem, the last Passover meal with His followers, His betrayal and arrest in the garden, the terrible trials before Pilate and Herod, and finally the dark day of crucifixion--and these within one week! Now, they hear rumors of Jesus' resurrection. What are they supposed to think? Similarly, You, too, surely have confusing and troubling events that happen to your life. What should you do? Who can help? Now consider what happens when you walk with Jesus.
 - a. **When you walk with Jesus, He will walk with you (v. 15).** Jesus can and want to join you in your life's walk (Matt. 18:20; Rev. 3:20). However, Jesus may go unrecognized just

like when the two disciples on the road to Emmaus. If you really want to recognize Jesus in your walk, you can always do so by His Word. How did the two men ultimately recognize Jesus for who He was? Are you walking alone in your own strength? Discuss the steps you can take to walk with Jesus. Would they give you the assurance that He indeed walks with you?

- b. **When you walk with Jesus, He will teach and guide you (v. 25-27).** The disciples must have been shocked that Jesus called them "foolish ones" and "slow to believe." But why did Jesus call them as such? What did Jesus do so that they would fully understand the Messiah (v. 27)? When you read or listen to the Word of God, do you really hear or understand it? Share about times when you hear the Word but are slow to believe. Discuss how walking with Jesus would teach and guide you in your life's journey.
- c. **When you walk with Jesus, He will abide with you (v. 28-32).** It is truly inspiring how the two men's encounter with Jesus concluded. Imagine Jesus going right into their humble home and sitting down at their dining table. Did Jesus force Himself upon them? Would Jesus break down the door of your heart to force His way into your everyday life? What blessings did these disciples receive upon inviting Jesus into their home? Share the blessings you receive in your life for having Jesus.
- d. **When you walk with Jesus, you will witness for Him (v. 33-35).** Right after the two men's experience with Jesus, they immediately returned to Jerusalem to tell Jesus' disciples and other followers about their experience with the risen Christ. Their holy boldness is a consistent characteristic of those who have really been with Jesus. Share what you learned from the example of these two disciples about telling others about Jesus Christ. Do you have the habit of sharing with others about your encounters with the Lord as you walk with Him? If not, what's keeping you from doing so?

Walk

When you walk with Jesus, you have full assurance that He walks WITH you. Remember that His presence is with you. He will teach and guide you. He will abide IN you. His Word in you will be your guide, and you can't help but witness for Him. His power THROUGH you will enable you to witness for Him. Is there anything you can do to make yourself more sensitive to God's leading as you walk with Him? Is there anything you should do so that you will not fail to recognize His voice?

Worship & Prayer

Heavenly Father, it is truly amazing that I can walk with my Savior and Lord Jesus Christ, that He will go before me, with me, and come behind me. Thank you that your presence and power are guaranteed. Please help me to be sensitive to Your leading. May Your Word be my constant guide. In Jesus' name. Amen.